

**Lesson 7: The Gift of a New Self** 

#### **Opening Music**



#### **Memory Verse**

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. Ephesians 4:29



#### The Gift of a New Self

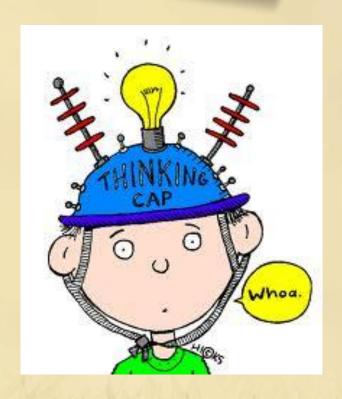
- Eliminate the Old
- Rejuvenate the Mind
- Imitate our God

**Ephesians 4:17-5:20** 

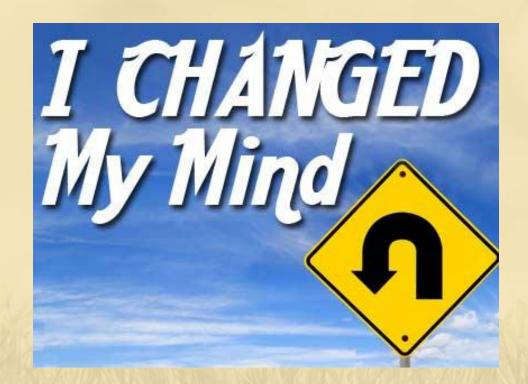
#### Eliminate the Old

## Christians think differently.

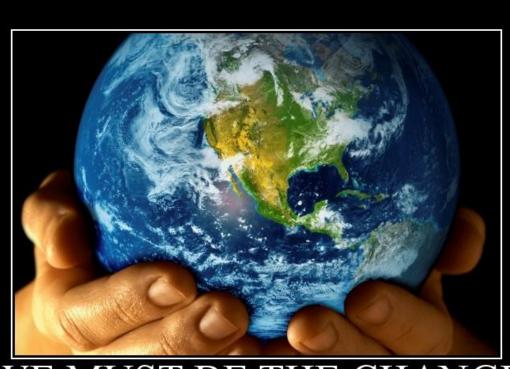
Rom 1:21-23



The whole outlook of a person changes when he trusts Christ, including his values, goals, and interpretation of life.



As Christians, we have not simply changed our minds. We have totally changed our citizenship.



WE MUST BE THE CHANGE

... we wish to see in the world. ~Ghandi

#### Ephesians 4:22-24

<sup>22</sup> You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup> to be made new in the attitude of your minds; <sup>24</sup> and to put on the new self, created to be like God in true righteousness and holiness.

#### Colossians 3:9-10

<sup>9</sup> Do not lie to each other, since you have taken off your old self with its practices <sup>10</sup> and have put on the new self, which is being renewed in knowledge in the image of its Creator.

### Take off the grave clothes and put on the grace-clothes!





Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. ... Forgive as the Lord forgave you.



And over all these virtues <u>put on love</u>, which binds them all together in perfect unity.

Colossians 3:12-14

Colossians 3: 12-14

Compassion

**K**indness

Humility

Gentleness

**P**atience

Forgiveness

Love



"Camp Kipper Has Good Pizza For Lunch."

#### Clothe yourselves with...

Col 3:12-14

Eph 4:25-32

Compassion
Kindness
Humility
Gentleness
Patience
Forgiveness
Love

Lying
Anger
Stealing
Unwholesome talk
Bitterness
Rage
Brawling
Slander
Malice

**Grace Clothes** 

**Grave Clothes** 

#### Rejuvenate the Mind

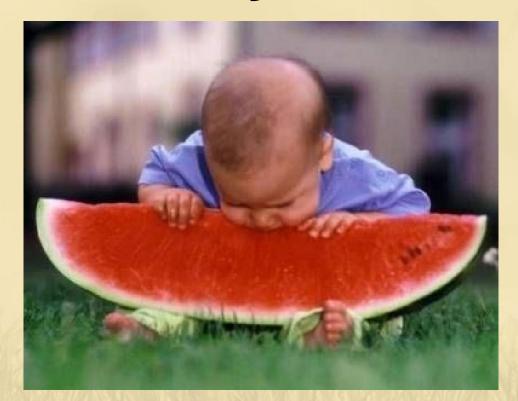
How do we do this?

"Be renewed in the spirit of your mind" (Eph 4:23)



**Romans 12:2** 

# Physically, you are what you eat, but spiritually, you are what you think.



# What we believe has a very definite connection with how we behave!



#### **Imitate Our God**

- 1. Walk in love (5:1-2)
- 2. Walk as children of light (5:3-14)

3. Walk in wisdom (5:15-17)

#### Walk in Love (5:1-2)

<sup>9</sup> Love must be sincere. Hate what is evil; cling to what is good. <sup>10</sup> Be devoted to one another in brotherly love. Honor one another above yourselves.

Romans 12:9-10

## Walk as Children of the Light (5:3-14)

I have come into the world as a light, so that no one who believes in me should stay in darkness.

John 12:46

#### Walk in Wisdom (5:15-17)

For the Lord gives wisdom, and from his mouth come knowledge and understanding.

**Proverbs 2:6** 



#### God picks us from the patch.



John 15:16a



2 Cor 7:1

He cleans out the yucky stuff...



### Lest the yucky stuff come out of our mouths.



### Then His light can shine in us for all the world to see...



## How can we be this light?

<sup>1</sup> Be imitators of God, therefore, as dearly loved children <sup>2</sup> and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

Eph 5:1-2

#### Pumpkin Prayer



(ut off the top: Lord, open my mind and fill me with Your wisdom and guidance.

Scoop out the yuckies: Lord, take out all my fussies and frownies and fill me with Your love.

Carve out the eyes: Lord, open my eyes to see all of the beautiful things You have made.

Carve out the nose: Lord, help me to be a sweet fragrance for You.

(arve out the mouth: Lord, help me to always speak Your words of love and kindness.

Place in a candle: Lord, let me be a light to others For You have filled me with Your light.

#### **Applying the Lesson in Your Life**

What can you do this week to let His light shine through you? DO IT!

